Harriet Tubman was born into slavery in Maryland in 1820 and her sense of independence led her to escape in 1849. She devoted her life to helping to rescue other slaves, including her own family. She worked with the ‘Underground Railroad’ which included hidden routes and homes to let escaped slaves move from location to location, offering food, shelter and clothes as they headed to freedom. She was given the title of ‘Conductor’ of the Underground Railroad and was so successful that many called her “General Tubman” as well as “Moses” for the role she played in the movement to allow Black Americans their freedom. She died on March 10, 1913. In 1990, the US Congress designated March 10 as Harriet Tubman Day.

### March 2020 Menus

**Young Scholars of Central PA Centre Learning Community**

**Monday, March 2**
- Chicken Nuggets
- Garlic Breadstick
- Steamed Peas & Carrots
- Fresh Apple
- Choice of Milk

**Tuesday, March 3**
- Pierogies & String Cheese
- Whole Grain Roll
- Baby Carrots & Celery
- Banana
- Choice of Milk

**Wednesday, March 4**
- Hot Dog*
- Homemade Baked Beans
- Crunchy Cucumbers
- Grape Juice
- Baked Lays Chips
- Choice of Milk

**Thursday, March 5**
- Apple Cinnamon Cheerios
- Yogurt Cup
- Homemade Baked Beans
- Hashbrown
- Wango Mango Juice
- Orange Slices
- Choice of Milk

**Friday, March 6**
- YSCP No School Today
- Warm Cheese Pretzel
- Vegetable Soup
- Fresh Veggies
- Peach Cup
- Choice of Milk

*turkey & beef hot dog

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**Spring Break!**

Whether you stay or get away... have fun!

Classes resume on March 16

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**Read Like a Hero**

Read Across America Week - March 2-6

What are you reading?

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**Spring Ahead March 8**

Don’t Forget to Change Your Clock!

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**Help Wanted**

Looking for a job with family-friendly hours?

SCASD Food Services currently has part time positions available. Call for information.

231-5095
Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.

- Harriet Tubman

Fresh, green fruits and vegetables taste great and are good for you, too!

Go Green!
Solve the puzzle below using tasty and healthy green fruits and vegetables.

Across:
5. Goes great with peanut butter
7. Green squash

Down:
1. Used to make pickles
2. Green melon
3. Little trees
4. Popeye’s favorite vegetable
6. This fruit is also a flightless bird

Crossword Puzzle Answers:
1. Cucumber
2. Honeydew
3. Broccoli
4. Spinach
5. Celery
6. Kiwi
7. Zucchini